



Successful People Set Goals

The most successful people in the world are extremely goal oriented. They know **exactly** what they want and they are always focused on achieving it.

Goals keep you focused, and they help you be more confident and motivated. Goals keep you from drifting through life with no purpose.

The main difference between successful people and unsuccessful people is how they think. Successful people think about what they want and how to get it. Unsuccessful people think and talk about what they don't want. Setting goals helps you keep thinking about where you want to go.

People who set goals live more meaningful and purposeful lives. They are more in control of their destiny and therefore happier. People are happier when they are doing something that is moving them towards something they want. Goal setting is so powerful that I'll bet just the thought achieving your goals puts a smile on your face.

Your goals need to be crystal-clear, written, and **very** specific. They also need to be measurable. You have to know when you have achieved them.

Write your goals down every day. It only takes a couple of minutes. Make it a rule that you can't turn on your computer until you've written your goals down. I challenge you to do this! And I guarantee you that if you do it for a year, your life will change dramatically!

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Talk about your goals to other people. See if you can get them writing *their* goals. It's a great way to impact other people's lives. And remember to focus on **why** you have those goals. The "why" is the driving force.

Once you start writing your goals, talking about your goals, and thinking about your goals, you will start turning into a success seeking guided missile that won't miss.

Put it into action:

What do you want to be? What do you want to do? What do you want to have? Write those goals down. But don't just write them, take action. What is something you can do in the next 15 minutes that will help you get closer to your goals? DO IT...NOW! Find a coach or mentor who will keep you accountable to your goals.

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