



## Eliminating Your Obstacles

Success is about getting from point A to point B. It's about knowing where you are and knowing where you want to end up. Success simply means you set a goal and you reached it.

Success is simple but not easy. Most people allow fear of failure to keep them from even attempting to pursue their dreams. They don't understand that failure is part of the price of success. You need to expect to fail and fall short many times before you reach your goals. That's just how life is. Since you will have many failures on the road to success, it is very important to learn how to remove the obstacles, roadblocks, and bottlenecks that are between you and your goals.

Once you have decided upon a goal, write down all the obstacles that you think might be slowing you down. Now focus on finding solutions to your obstacles. This might sound simplistic, but the fact is that if you focus all your energy into attacking your obstacles, you will eliminate them and will accelerate your progress.

Einstein said that you cannot solve your problems with the same level of thinking that created them, so you will need help. This is where having a mentor or a coach can help you win more.

Successful people don't quit. They simply focus on finding solutions to their problems. If you want the outcome bad enough, you'll figure out a way. And every time you find the solution to a problem, your 'solution-finding' muscles get stronger. Solution finding is a skill that will improve with use.

There are bottlenecks on the way to every goal. Your ability to look ahead and remove bottlenecks will help you reach your goals faster than you can imagine. You can anticipate bottlenecks either through your experience, or through the experience of your mentors and coaches.

Typically, 80% of the bottlenecks will be within you. You are the biggest barrier to reaching your dreams. Successful people understand this. That is why they invest so much time in self-development. Successful people understand that the better they become, the better their results will be.

Fear and doubt are the two things that keep most people from having the courage to succeed. Most people simply don't believe in themselves. That is why the books you read and the people you associate with can have such a huge impact in your life. One way to overcome fear and doubt is by acquiring knowledge and skills. If you know how to do something, you become more confident. The knowledge comes from what you read and from who you associate with.

Once you determine what obstacle is holding you back, set a goal of overcoming that obstacle. By setting a goal to remove an obstacle, you are taking control of your life and your results and your confidence will improve. Don't just set a goal. Set a deadline, come up with a plan, and get to work. Once you remove the major obstacle that is holding you back, you will start making quantum leaps towards your goals and dreams.

**Put it into action:**

Identify bottlenecks that are keeping you from achieving your goals and tackle them one by one. Check out [RubenSuccess.com](http://RubenSuccess.com). The 13 week online personal development course will help you develop the habits of the world's most successful people so you can succeed more.



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