



## The Olympic Attitude... Whatever it Takes!

Why do some people pursue their dreams while others bury their dreams? It comes down to belief and desire. Whether you believe it's possible, whether you believe you can do it, and whether you want the dream enough to do whatever it takes.

Let's say you believe it's possible and you think there's a good chance you can pull it off ... now, what steps do you need to take to make it happen?

Step number one is the willingness to take the risk. Many people are able but few are willing. You see, you always have to give something up in order to get something better. Most people are not willing to give anything up. They are not willing to make any sacrifices. They expect success to just fall on their lap.

That's just not how life works. There's no free lunch. Not only do you have to be willing to go for it, but you have to be willing to do whatever it takes. Let's break that last sentence down...

You have to be **willing**. Willing means that you are open minded. Open minded means you are not judgmental. It means not making any excuses. It means you are open to doing whatever might be required.

**Whatever it takes** is a level of commitment. Being committed means you have made a decision that you will continue to pursue your goal no matter what the consequences.

When you have a clear objective and are committed, you'll naturally start doing the things that will move you towards your objective, and you'll naturally stop doing the things that move you away from your objective.

When you have a dream you are willing to fight for, the process takes care of itself. Whatever it takes is not just a level of commitment. It's a HIGH level of commitment. And, believe it or not, it's the *lowest* level of commitment that will guarantee that you will realize your dream.

Let me explain. If reaching your dream, whether it be to become financially free, or to buy a new car, or to be able to take your family to Disneyland for two weeks, or to get your PhD...no matter what your dream is, you have to be willing to do whatever it takes.

Here's why. If realizing your dream involves 64 items, 64 things you might possibly have to do, you have to be willing to do all 64 of them. If you're only willing to do 63 of them, but not #64, then #64 will be your undoing and you can kiss your dream goodbye. It's an attitude thing.

Life will seldom ask you to do all 64 things. But you don't know which ones you'll have to do, so you'd better be willing to do all 64. The "whatever it takes" attitude will help you do the required items so well that success will be assured.

The trick is to be willing to do whatever it takes with no guarantees of success. Only then is success possible.

**Put it into action:**

Make a decision that you are willing to do whatever it takes to realize your goals and dreams.

**FourWinterGames.com**

© Ruben Gonzalez

