



Acting in Spite of Your Fear

When I first watched the Olympics as a kid, what impressed me the most about the Olympians was not their athletic ability. What I admired about the Olympians was their spirit. You see, these were people who had a dream, and had the courage to fully commit to it for years with no guarantee of success.

Sure, they had outstanding athletic ability. But more importantly, they had the faith, the guts, the boldness, and the willingness to go for it with no guarantees of success. They had that rare attitude of not worrying about the possibility of failure. They were going to go for it and commit 100% to winning, no matter what. It's like they said to themselves, "It's my dream, and I'm going for it. That's it, period!"

When you move boldly toward your goals, when you make the decision to do whatever it takes, magic happens. All of a sudden, unseen forces will come to your aid. The bolder and more committed you become, the more your subconscious will work for you. You will unconsciously start to attract the people and resources you need to achieve your goal.

When you are focused on your goal, your mind starts acting like a guided missile. It becomes tuned into anything that might help you achieve your goal. That's why it is said that fortune favors the brave and that boldness has magic in it.

People will start saying that you are lucky. Winners know there is no such thing as luck. All that is really happening is that, you have now become driven. You are known for your goal. Everybody can see it. Your every action is broadcasting to the world where you are headed, and all of a sudden, anyone who might be interested in helping you, can see you are serious.

When you put all of your energy into one goal, you tap into huge resources. That single decision changes everything. All the stress and worry disappear. Your mental attitude changes completely as you are transformed into the hunter, while the dream has become the prey that will eventually succumb to you.

When you make the decision to commit 100%, the winner inside you comes out. The champion inside you emerges. The real you comes out. You just have to have the courage to face your fears and pursue your dream.

Put It into Action:

Make a quality decision that failure is not an option and that you will take bold action in the pursuit of your goals and dreams. Find a coach or mentor who will help you reach your goals in record time.

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