

# Introduction for Ruben Gonzalez

Why would ANYBODY in his right mind want to jump on a sled and hurl himself down an icy mountain at over 90 miles per hour?

(watch this video)

## Play 1 Minute Luge Video

When Ruben was 21 years old, he took up the sport of *LUGE* and started training for a dream.

Four years... **and a few broken bones later**, Ruben realized his quest by competing in the Olympics.

But he didn't stop there...

When Ruben raced in Vancouver at the age of 47, he became the first person to ever compete in four Winter Olympics **in FOUR different DECADES.**

*As he says: "It doesn't mean he's good, it just means he's OLD!"*

Ruben's the author of the best selling book, "The Courage to Succeed."

Ruben speaks around the world about how to become unstoppable on the way to your goals.

Get ready to be inspired to "Go for the Gold."

I'm **proud** to present Four-time Olympian, **Ruben Gonzalez!**