## **Ruben's Introduction**

(Feel free to shorten it if you like)

Why would anybody in his right mind want to jump on a sled and hurl himself down an icy mountain at over 80 miles per hour?

At the age of 21, Ruben Gonzalez took up the sport of luge and started training for the Olympics.

Four years.... and a few broken bones later, Ruben made his Olympic dream come true!

But he didn't stop there... Ruben kept training, and at the age of 47, he was racing against 20-year-olds at the Vancouver Winter Olympics!

Ruben's the first person to ever to compete in four Winter Olympics in four different DECADES!

He's one of the most popular speakers in America.

Ruben's best selling book "The Courage to Succeed" has been translated to 10 languages.

Get ready to be inspired.... to go for the Gold.

I'm proud to present Four-time Olympian Ruben Gonzalez!