

Video 18 - Feedback, the Breakfast of Champions

Discussion Questions

1 - At the end of his luge runs why doesn't Ruben ask the track workers or the spectators about his run? Who does Ruben ask about his run?

2 - What are some questions we might want to ask someone when we're looking for feedback?

3 - A lot of times we're afraid to ask for feedback. Why should we ask for feedback anyways?



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