

Video 2 - The Power of What You Say

Discussion Questions

1 - In the beginning of the video Ruben says we are programmed for mediocrity but designed for greatness. What does that mean?

2 - What do successful people constantly think about and talk about?

3 - What do unsuccessful people talk about all the time?

4 - (Pair and Share) Tell the person next to you about your most positive and encouraging friend. Why is it important to hang around positive people?



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