

# Video 28 - The Power to Choose

## Discussion Questions

**1 - What's the name of the moment between our circumstances and our results?**

**2 - What happens to us as soon as we start blaming our circumstances for your results?**

**4 - (Pair and Share) Tell the person next to you what you think about what Ruben was talking about when he said, "You are where you are because of the choices you've made. If you don't like where you are, you need to start making different choices."**

**Does it feel mean? Does it feel unfair? Do you believe it's the truth most of the time?**



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