

Video 42 - What's Holding You Back?

Discussion Questions

1 - Ruben says that the roadblocks on the way to our goals are not necessarily a bad thing. What does Ruben say that the roadblocks really are?

2 - What are two things we might usually need to overcome a roadblock?

3 - (Pair and Share) Tell the person next to you about a time you encountered a roadblock and how you overcame it.



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