

# Video 44 - Taking Responsibility to Take Charge of Your Life

## Discussion Questions

1 - Whether we're the captain of a sailboat or the captain of our lives, what are the only two things we can control?

2 - Why is winning in life not about what happens to us but about how we handle it?

3 - What happens in our minds when we say, "I'm responsible. I'm going to fix this mess"?



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