

# **Video 56 - Success is Like Learning How to Ride a Bike**

## **Discussion Questions**

**1 - What are some of the emotions people go through when they're learning something new and challenging?**

**2 - How is a coach or mentor able to help someone get through the fear and self doubt?**

**3 - (Pair and Share) Tell the person next to you about someone that helped you out when you were learning something challenging.**

**Are you glad they were there for you?**

**Do you think you would have been able to succeed on your own?**



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