

# Ruben's Reading List for Success

by 4-Decade Olympian Ruben Gonzalez - *TheLugeMan.com*

Becoming an expert in any subject is a byproduct of years of study fueled by a passionate desire to learn everything about the subject.

I've always been driven to learn anything that could possibly give me an edge in sports and in business.

Only half of Americans have a library card. The average American reads only one book a year. It only takes reading a book a month to be in the top 5% of readers in the US.

If you start reading a book a month in your field, before long you'll start earning more, and in only five years you'll be considered an expert in your field.

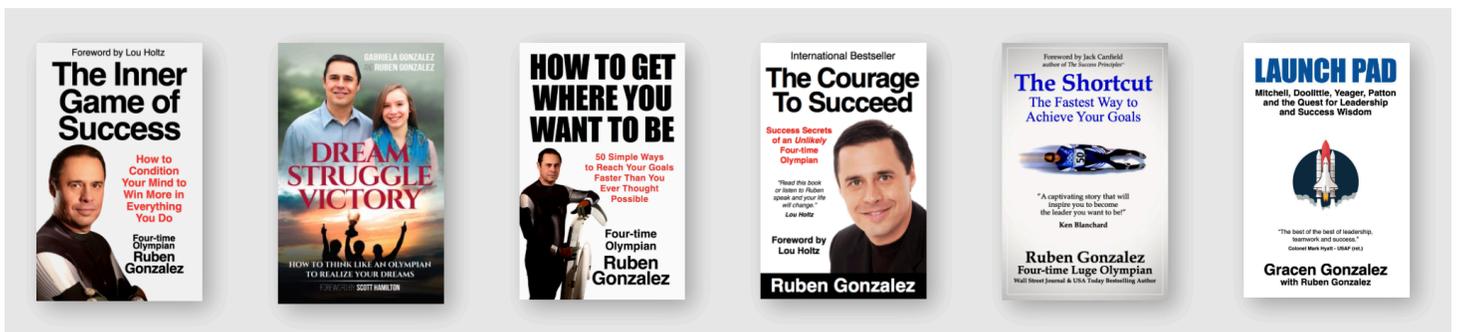
## Connect with Ruben on LinkedIn

<https://www.linkedin.com/in/ruben-gonzalez-olympian>

## Watch Ruben's leadership TED talk

[FollowTheLeaderTEDtalk.com](http://FollowTheLeaderTEDtalk.com)

## Click image for Ruben's Amazon page



## Personal Development Books

### How to Win Friends and Influence People

- Dale Carnegie

### How to Have Power and Confidence in Dealing with People

- Les Giblin

### The Power of Positive Thinking

- Norman Vincent Peale

### Think & Grow Rich

- Napoleon Hill

**As a Man Thinketh**

- James Allen

**Lead the Field**

- Earl Nightingale

**The Strangest Secret**

- Earl Nightingale

**The Magic of Thinking Big**

- David Schwartz

**The Success Principles**

- Jack Canfield

**The Power of Focus**

- Jack Canfield and Mark Victor Hansen

**Tough Times Never Last but Tough People Do**

- Robert Schuller

**Create Your Own Future**

- Brian Tracy

**Seeds of Greatness**

- Dennis Waitley

**Simple Steps to Impossible Dreams**

- Kevin Scott

**Winning Every Day**

- Lou Holtz

**Wooden**

- Wooden and Jamison

**Rhinoceros Success**

- Scott Alexander

**They Call Me Coach**

- John Wooden

**The Traveler's Gift**

- Andy Andrews

**Dare to Win**

- Mark Victor Hansen and Jack Canfield

**The Aladdin Factor**

- Jack Canfield and Mark Victor Hansen

**The Slight Edge**

- Jeff Olson

**Pushing the Envelope**

- Harvey Mackay

**The Heart of Leadership**

- Mike Miller

**Developing the Leader Within**

- John Maxwell

**Leadership and Self Deception**

- The Arbinger Institute

**21 Great Leaders**

- Pat Williams

**Wooden on Leadership**

- Wooden and Jamison

**Poor, Smart, Rich**

- John Segal

**Bounce**

- Matthew Syed

**The Go-Giver**

- Bob Burg

**5 Voices**

- Kubicek and Cockram

**Eat that Frog**

- Brian Tracy

**Becoming Your Best**

- Steven Shallenberger

**Rich Dad, Poor Dad**

- Robert Kiyosaki

**What Got You Here Won't Get You There**

- Marshall Goldsmith

**Self Made in America**

- John McCormack

**Goals**

- Brian Tracy

**Me, Inc.**

- Gene Simmons

**How I Raised Myself from Failure to Success in Selling**

- Frank Bettger

**High-Profit Selling**

- Mark Hunter

**How to Sell Your Way Through Life**

- Napoleon Hill

**Psycho-Cybernetics**

- Maxwell Maltz

**The Power of Full Engagement**

- Jim Loehr

**The Four Commitments of a Winning Team**

- Mark Eaton

**Mental Toughness Books**

**Mindset**

- Carol Dweck

**What to Say When You Talk to Yourself**

- Shad Helmstetter

**How Champions Think**

- Bob Rotella

**The Confident Mind**

- Nate Zinzer

**The Talent Code**

- Daniel Coyle

**The Inner Game of Tennis**

- Timothy Gallwey

**Learned Excellence**

- Eric Poterat

# Relationship Books

## **His Needs, Her Needs**

- Willard Harley, Jr.

## **The 5 Love Languages**

- Gary Chapman

## **The Seven Principles for Making Marriage Work**

- John Gottman

## **The Man's Guide to Women**

- John & Julie Gottman

## **Eight Dates**

- John & Julie Gottman

## **The Proper Care and Feeding of Marriage**

- Dr. Laura Schlessinger

## **Ten Stupid Things Couples Do to Mess Up Their Relationships**

- Dr. Laura Schlessinger

## **The Proper Care and Feeding of Husbands**

- Dr. Laura Schlessinger

## **Love and Respect**

- Emerson Eggerichs

# Novels

## **Theo of Golden**

- Allen Levi

## **The Cellist of Sarajevo**

- Steven Galloway

## **The Godfather**

- Mario Puzo

## **The Old Man and the Sea**

- Ernest Hemingway

## **Any thrillers by:**

- Nelson DeMille, Daniel Silva

# Biographies

## **I Could Never be So Lucky Again**

- Jimmy Doolittle

## **Rudy, My Story**

- Rudy Ruettiger

## **Steve Jobs**

- Walter Isaacson

## **Made in America**

- Sam Walton

## **Miracle in the Andes**

- Nando Parrado

## **The Perfect Mile**

- Neal Bascomb

## **Playing the Enemy**

- John Carlin

## **Total Recall**

- Arnold Schwarzenegger

## **General Patton's Principles**

- Porter Williamson

## **Born a Crime**

- Trevor Noah

## **Kitchen Confidential**

- Anthony Bourdain

## **Open**

- Andre Agassi

## **Shoe Dog**

- Phil Knight

## **"Surely You're Joking, Mr. Feynman!"**

- Richard Feynman

## **Einstein**

- Walter Isaacson

## **Christian Books**

**Jesus Calling, Jesus Lives, Jesus Always, Jesus Listens** - 4 devotionals  
Sarah Young (over 40 million sold)

**David, Jesus** - 2 books  
Charles Swindoll

**Quiet Strength**  
Tony Dungy

**Kingdom Man**  
**Kingdom Focus**  
**Kingdom Woman**  
**The Kingdom Agenda**  
**Victory in Spiritual Warfare**  
**The Power of Knowing God**  
**The Power of God's Names**  
**The Power of Jesus' Names**  
**The Power of the Holy Spirit's Names**  
**Praying Through the Names of God**  
**The Tony Evans Bible Commentary**  
**Detours, Pathways, U-Turns** - 3 books  
Tony Evans

**A Purpose Driven Life**  
Rick Warren

**The Case for Christ**  
Lee Strobel

**Living Close to God**  
**A Tale of Three Kings**  
Gene Edwards

**The Story of My Life as Told by Jesus Christ**  
Matthew, Mark, Luke & John combined into one complete gospel  
written in the first person.

**The Christ Commission**  
Og Mandino

**The Screwtape Letters**  
**Mere Christianity**  
C.S. Lewis

**We Will Not Be Silenced**  
Erwin Lutzer

# Favorite Movies

## Inspirational

Captains Courageous  
Chariots of Fire  
Cool Runnings  
Dangal  
Ford Vs Ferrari  
Invincible  
It's a Wonderful Life  
Lagaan  
Life is Beautiful  
McFarland USA  
Miracle  
Moneyball  
October Sky  
Red Army  
Rocky  
Rudy  
Spellbound  
The Blind Side  
The Intouchables  
The Karate Kid  
The Rookie  
The World's Fastest Indian

## Action

Butch Cassidy and the  
Sundance Kid  
Die Hard  
Terminator  
Terminator II  
The Bourne Identity  
The Bourne Ultimatum  
The Fugitive  
The Rock  
Total Recall

## Comedy

A Fish Called Wanda  
Anger Management  
A Night at the Roxbury

As Good as It Gets  
Babe  
Back to the Future  
Bowfinger  
Bruce Almighty  
Buona Sera Mrs Campbell  
Christmas with the Kranks  
City Slickers  
Dirty Rotten Scoundrels  
DodgeBall  
Evan Almighty  
Good Boy  
Groundhog Day  
Home Alone  
Mister Roberts  
Mr. Deeds  
My Cousin Vinny  
Raising Arizona  
RED  
School of Rock  
Some Like It Hot  
Something About Mary  
Swingers  
The Blues Brothers  
The Breakfast Club  
The Croods  
The Man from UNCLE  
The Other Guys  
The Princess Bride  
Trading Places  
True Lies  
Wayne's World  
What About Bob?

## Drama

A Bronx Tale  
A Few Good Men  
Apollo 13  
Argo  
Braveheart  
Bridge Over River Kwai  
Captain Phillips  
Casablanca

Come From Away  
Dances with Wolves  
Das Boot  
Fiddler on the Roof  
First Blood  
Forrest Gump  
Gladiator  
Goodfellas  
Good Will Hunting  
Guess Who's Coming to  
Dinner  
Hamilton  
In the Heat of the Night  
Jaws  
Jerry Maguire  
Judgement at Nuremberg  
Moonstruck  
Pulp Fiction  
Raiders of the Lost Ark  
Rain Man  
Rush  
Scent of a Woman  
Schindler's List  
Seven Brides 7 Brothers  
Shawshank Redemption  
Slumdog Millionaire  
The Blue Max  
The Caine Mutiny  
The Deer Hunter  
The Godfather  
The Great Escape  
The Horse Whisperer  
The Last of the Mohicans  
The Martian  
The Pianist  
The Right Stuff  
The Rocker  
The Scent of a Woman  
The Sting  
The Untouchables  
Tombstone  
Walk the Line  
Yankee Doodle Dandy