

Ruben's Reading List for Success

by 4-Decade Olympian Ruben Gonzalez - *TheLugeMan.com*

Becoming an expert in any subject is a byproduct of years of study fueled by a passionate desire to learn everything about the subject.

I've always been driven to learn anything that could possibly give me an edge in sports, business and life.

Only half of Americans have a library card. The average American reads only one book a year. It only takes reading a book a month to be in the top 5% of readers in the US.

If you start reading a book a month in your field, before long you'll start earning more, and in only five years you'll be considered an expert in your field.

Connect with Ruben on LinkedIn

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Watch Ruben's leadership TED talk

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Personal Development Books

How to Win Friends and Influence People

- Dale Carnegie

How to Have Power and Confidence in Dealing with People

- Les Giblin

The Power of Positive Thinking

- Norman Vincent Peale

Think & Grow Rich

- Napoleon Hill

As a Man Thinketh

- James Allen

Lead the Field

- Earl Nightingale

The Strangest Secret

- Earl Nightingale

The Magic of Thinking Big

- David Schwartz

The Success Principles

- Jack Canfield

The Power of Focus

- Jack Canfield and Mark Victor Hansen

Tough Times Never Last but Tough People Do

- Robert Schuller

Create Your Own Future

- Brian Tracy

Seeds of Greatness

- Dennis Waitley

Simple Steps to Impossible Dreams

- Kevin Scott

Winning Every Day

- Lou Holtz

Wooden

- Wooden and Jamison

Rhinoceros Success

- Scott Alexander

They Call Me Coach

- John Wooden

The Traveler's Gift

- Andy Andrews

Dare to Win

- Mark Victor Hansen and Jack Canfield

The Aladdin Factor

- Jack Canfield and Mark Victor Hansen

The Slight Edge

- Jeff Olson

Pushing the Envelope

- Harvey Mackay

The Heart of Leadership

- Mike Miller

Developing the Leader Within

- John Maxwell

Leadership and Self Deception

- The Arbinger Institute

21 Great Leaders

- Pat Williams

Wooden on Leadership

- Wooden and Jamison

Poor, Smart, Rich

- John Segal

Bounce

- Matthew Syed

The Go-Giver

- Bob Burg

5 Voices

- Kubicek and Cockram

Eat that Frog

- Brian Tracy

Becoming Your Best

- Steven Shallenberger

Rich Dad, Poor Dad

- Robert Kiyosaki

What Got You Here Won't Get You There

- Marshall Goldsmith

Self Made in America

- John McCormack

Goals

- Brian Tracy

Me, Inc.

- Gene Simmons

How I Raised Myself from Failure to Success in Selling

- Frank Bettger

High-Profit Selling

- Mark Hunter

How to Sell Your Way Through Life

- Napoleon Hill

Psycho-Cybernetics

- Maxwell Maltz

The Power of Full Engagement

- Jim Loehr

The Four Commitments of a Winning Team

- Mark Eaton

Mental Toughness Books

Mindset

- Carol Dweck

What to Say When You Talk to Yourself

- Shad Helmstetter

How Champions Think

- Bob Rotella

The Confident Mind

- Nate Zinzer

The Talent Code

- Daniel Coyle

The Inner Game of Tennis

- Timothy Gallwey

The Silva Mind Control Method

- Jose Silva

Learned Excellence

- Eric Poterat

Relationship Books

His Needs, Her Needs

- Willard Harley, Jr.

The 5 Love Languages

- Gary Chapman

The 5 Apology Languages

- Gary Chapman

The Seven Principles for Making Marriage Work

- John Gottman

The Man's Guide to Women

- John & Julie Gottman

Eight Dates

- John & Julie Gottman

The Proper Care and Feeding of Marriage

- Dr. Laura Schlessinger

Ten Stupid Things Couples Do to Mess Up Their Relationships

- Dr. Laura Schlessinger

The Proper Care and Feeding of Husbands

- Dr. Laura Schlessinger

Love and Respect

- Emerson Eggerichs

Novels

Theo of Golden

- Allen Levi

The Cellist of Sarajevo

- Steven Galloway

The Godfather

- Mario Puzo

The Old Man and the Sea

- Ernest Hemingway

Any thrillers by:

- Nelson DeMille, Daniel Silva

Biographies

I Could Never be So Lucky Again

- Jimmy Doolittle

Rudy, My Story

- Rudy Ruettiger

Made in America

- Sam Walton

Miracle in the Andes

- Nando Parrado

The Perfect Mile

- Neal Bascomb

When Character was King

- Peggy Noonan

Playing the Enemy

- John Carlin

Total Recall

- Arnold Schwarzenegger

General Patton's Principles

- Porter Williamson

Born a Crime

- Trevor Noah

Kitchen Confidential

- Anthony Bourdain

Open

- Andre Agassi

Shoe Dog

- Phil Knight

"Surely You're Joking, Mr. Feynman!"

- Richard Feynman

Steve Jobs, Einstein, Elon Musk, Leonardo da Vinci - 4 books

- Walter Isaacson

Christian Books

Jesus Calling, Jesus Lives, Jesus Always, Jesus Today - 4 devotionals
Sarah Young (over 40 million sold)

Quiet Strength
Tony Dungy

Kingdom Man
Kingdom Focus
Kingdom Prayer
Kingdom Woman
The Kingdom Agenda
Victory in Spiritual Warfare
The Power of Knowing God
The Power of God's Names
The Power of Jesus' Names
The Power of the Holy Spirit's Names
The Tony Evans Bible Commentary
Detours, Pathways, U-Turns - 3 books
Tony Evans

A Purpose Driven Life
Rick Warren

Living Close to God
A Tale of Three Kings
The First Century Diaries: Silas, Titus, Timothy, Priscilla, Gaius - 5 books
Gene Edwards

The Story of My Life as Told by Jesus Christ
Matthew, Mark, Luke & John combined into one gospel written in the first person.

The Christ Commission
Og Mandino

As Silver Refined
Lord, I want to Know You
Kay Arthur

Praying God's Word
Beth Moore

David, Jesus - 2 books
Charles Swindoll

The Case for Christ
Lee Strobel

The Screwtape Letters
C.S. Lewis

We Will Not Be Silenced
Erwin Lutzer

Favorite Movies

Inspirational

Captains Courageous
Chariots of Fire
Cool Runnings
Dangal
Ford Vs Ferrari
Invincible
It's a Wonderful Life
Lagaan
Life is Beautiful
McFarland USA
Miracle
Moneyball
October Sky
Red Army
Rocky
Rudy
Spellbound
The Blind Side
The Intouchables
The Karate Kid
The Rookie
The World's Fastest Indian

Action

Butch Cassidy and the
Sundance Kid
Die Hard
Terminator
Terminator II
The Bourne Identity
The Bourne Ultimatum
The Fugitive
The Rock
Total Recall

Comedy

A Fish Called Wanda
Anger Management
A Night at the Roxbury

As Good as It Gets
Babe
Back to the Future
Bowfinger
Bruce Almighty
Buona Sera Mrs Campbell
Christmas with the Kranks
City Slickers
Dirty Rotten Scoundrels
DodgeBall
Evan Almighty
Good Boy
Groundhog Day
Home Alone
Mister Roberts
Mr. Deeds
My Cousin Vinny
Raising Arizona
RED
School of Rock
Some Like It Hot
Something About Mary
Swingers
The Blues Brothers
The Breakfast Club
The Croods
The Man from UNCLE
The Other Guys
The Princess Bride
Trading Places
True Lies
Wayne's World
What About Bob?

Drama

A Bronx Tale
A Few Good Men
Apollo 13
Argo
Braveheart
Bridge Over River Kwai
Captain Phillips
Casablanca

Come From Away
Dances with Wolves
Das Boot
Fiddler on the Roof
First Blood
Forrest Gump
Gladiator
Goodfellas
Good Will Hunting
Guess Who's Coming to
Dinner
Hamilton
In the Heat of the Night
Jaws
Jerry Maguire
Judgement at Nuremberg
Moonstruck
Pulp Fiction
Raiders of the Lost Ark
Rain Man
Rush
Scent of a Woman
Schindler's List
Seven Brides 7 Brothers
Shawshank Redemption
Slumdog Millionaire
The Blue Max
The Caine Mutiny
The Deer Hunter
The Godfather
The Great Escape
The Horse Whisperer
The Last of the Mohicans
The Martian
The Pianist
The Right Stuff
The Rocker
The Scent of a Woman
The Sting
The Untouchables
Tombstone
Walk the Line
Yankee Doodle Dandy