

# Ruben's Recipes - TheLugeMan.com

## **Cooking Tips**

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## **Cooking Temperatures**

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## **Broil Bake Roast**

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## **Beef**

### **Beef Bourguignon**

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### **Broiled Steak**

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### **Fajitas with Creamy Poblano Sauce**

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### **Ossobuco**

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### **Cream Chicken**

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### **Paella - Low Carb**

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### **Mojo Pork - Cuban**

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### **Carrabba's Bread-Dipping Oil Mix**

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### **Chimichurri & Salsa Criolla - Argentina**

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### **Creamy Mushroom Sauce**

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### **Hummus**

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### **Mustard Salad Dressing**

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### **Peruvian Green Sauce**

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### **Picchi Pacchiu Pasta**

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## **Bread**

### **Biscotti**

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### **Grissini - Italian Bread Sticks**

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### **Olive Bread**

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